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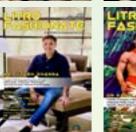












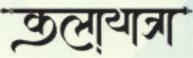






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-ounder's



Er. Sachin Chaturvedi Founder, Litro Fashionate Foundation Brand initiative Anuragyam Enginner, Reseacher, Science Communicator, Author, Writer, Poet Best Teacher Awardee Universal Global Excellence Awardee

As I sit down to pen this editorial, I'm overcome with a deep sense of pride and admirationfor the phenomenal women we are about to celebrate in this special feature, "Top 20 Glorious Women from Across India." These are not just accomplished professionals or community leaders; they are visionaries, changemakers and torchbearers of hope. Each woman featured in these pages exemplifies the true essence of resilience, ambition and unwavering determination. Their journeys are a mosaic of struggle, courage and transformation walking paths that were often steeped in obstacles yet emerging stronger, fiercer and more luminous than ever. What sets these women apart is not merely their achievements but their refusal to wait for validation or opportunities. They built their own platforms carved their own space and reshaped the narrative. Their stories are not just stories of personal success they are blueprints of empowerment reminders that the power to lead to inspire and to

create change lies within each of us. Whether you're a young woman charting your first steps or someone who has already scaled personal or professional peaks, let these stories stir your spirit. Let them remind you that no dream is too distant and no barrier too strong. As we celebrate these 20 remarkable women let's also honor the collective strength of women everywhere. The future is being shaped by their hands their hearts and their bold ideas. It is time for all of us regardless of age or stage to rise together, to support one another and to keep moving forward. Here's to the dreamers. Here's to the Top 20 Inspiring Women and to every woman who continues to light the way.

Desk Convenor's



Deepali Jain National Convenor, Anuragyam Creative Head, Litro Fashionate

Welcome to another exciting edition of Litro Fashionate Magazine! As the Convenor, I am delighted to present a tapestry of creativity with great pride and admiration that we celebrate the extraordinary women featured in this edition—our Top 20 Glorious Women from across India. These trailblazers exemplify the power of determination, resilience and innovation. Their stories inspire us to challenge boundaries, break barriersand lead with purpose. As we continue to empower women in every field, let their achievements serve asa beacon of possibility for future generations. Together, we can create a society where every woman has the opportunity to thrive and inspire positive change.

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A glorious woman doesn't wait for ligh, she becomes the flame that leads the way.

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She builds bridges where others see walls, such is the glory of a woman with a mission. Litro-Fashionate Magazine Litro-Fashionate Magazine



Icon of the India

From Candle-Light Nights to the Digital Spotlight: The Unheard Story of Kalpana Mittal's Journey of Heart, Hope and Hustle.

but as a redirection of purpose. Her academic path evolved, but her inner fire remained intact. She may not have worn a stethoscope, but she continued to nurture lives in her own way—first through education and later, through inspiration. Like many ambitious young women in conservative households, Kalpana's dreams frequently met the expectations of tradition. After completing her studies, she pursued teaching, hoping to follow in her father's footsteps. She cracked multiple entrance exams, aced interviews and was all set for a promising government teaching job-but permanent appointments eluded her. Undeterred, she became a college lecturer, only to step down after marriage. When she moved to Faridabad post-marriage, she tried again—this time landing a lecturer's job in a respected college.

The Visionary Behind Parenting & Lifestyle

Success is often measured by trophies, accolades or financial gains. But for Kalpana Mittal, a prominent parenting and lifestyle influencer from Faridabad, Haryana, success lies in silent battles fought in the heart, in dreams nurtured behind closed doors and in the gentle strength of a woman who chose not to give up. Her story is one of purpose, passion and profound resilience—a story that proves you don't have to step out to break barriers; sometimes, you simply have to step forward with faith. Born in the small yet culturally rich town of Palwal, Kalpana was never ordinary. Her brilliance in academics was evident from the start. Every class, every exam was a milestone for her-each conquered with focus and determination. A consistent topper, she earned scholarships and recognition, but what made her truly special was her quiet resolve. In a household where dreams were lit under dim lights and study hours extended into candle-lit nights, she developed the core values of grit and endurance. Her goal was to become a doctor—a noble dream powered by compassion and intellect. But destiny, shaped by family traditions and practical considerations, redirected her toward B.Sc. (Non-Medical) and later a B.Ed. Kalpana accepted the change with grace, not as defeat



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Faridabad, Haryana





Kalpana's Instagram profile is a mosaic of real life—parenting tips, lifestyle hacks, heartfelt moments and thoughtful reflections. But behind every post is a deeper intention: to empower, to uplift and to educate. Her efforts didn't go unnoticed. Recognized by Feedspot as one of the Top 50 Mom Influencers in India, Kalpana now stands among the leading voices in the Indian parenting community. She has collaborated with reputed brands, hosted parenting workshops and participated in panel discussions that advocate for mental health, women empowerment and digital literacy. In 2023, she was honoured with the prestigious Best Mom Influencer Award—an accolade that celebrated not just her content but her character. But for Kalpana, the real reward is in the messages she receives from mothers across the country. "You made me believe I could start again," one follower wrote. "You remind me that motherhood doesn't end dreams—it creates new ones," said another. What sets Kalpana apart in a sea of digital creators is her authenticity. She doesn't chase trends—she creates meaning. Every post has a purpose. Every story has heart. Her content is not curated for applause—it's curated for connection. She doesn't portray a perfect life. She portrays a balanced one. With grace and vulnerability, she shares her struggles, her triumphs and her journey as a mother, wife and woman. Her honesty is her power. Her realness, her brand. Kalpana's goal isn't just to grow her numbers it's to grow impact. She wants her platform to be a safe space for mothers who feel isolated, for women who feel unheard and for girls who dream of building something of their own. As she continues her journey, Kalpana remains rooted in the values that shaped her—integrity, humility and a deep sense of purpose. Her plans for the future are clear: to build a platform that supports young mothers, offers emotional and financial resources and helps women transition into the digital world with confidence. She also dreams of writing a book one day—a memoir not just of her story, but of the lessons she's learned as a



Shilpi Bahahur Celebrated Model, Actor, Anchor & Voiceover Artist

In the heart of Delhi NCR's dazzling entertainment world, one name resonates with power, purpose and poise — Shilpi Bahadur. A woman who once lived the quiet yet elegant life of an officer's wife, surrounded by comfort and privilege, Shilpi could have easily chosen to stay within the boundaries of a well-settled life. But for her, comfort was never a destination.

Her spirit yearned for purpose, recognition and an identity beyond the conventional titles. With resilience as her foundation, she broke through the traditional mold to carve her own place in the world of entertainment and what a magnificent journey it has been. From homemaker to a celebrated model, actor, anchor and voiceover artist, Shilpi's path is a remarkable exemplification to strength and self-belief. Her foray into the entertainment industry began with casting agencies, where her distinctive charm and commitment quickly got her noticed. Soon, she was walking the ramp for leading designers, not just as a model, but as a show opener and showstopper — roles that only the most confident and graceful are entrusted with. Her elegance on stage reflects not just beauty, only a few achievers receive. vision and enduring spirit.

but grace and dignity — the kind that is born from self-awareness and inner strength.

Shilpi's dedication and talent have earned her numerous awards in modeling and acting, solidifying her position as a prominent a real, raw and inspiring climb, face in the industry. Her work in government projects, both in front of the camera and behind the microphone, speaks volumes about the trust and credibility she has built. Her voice has become the narrative of many government initiatives — calm, confident and commanding. Not limited to glamour alone, Shilpi has emerged as a true leader and influencer. She was recently invited by the Ministry of Information and Broadcasting to attend the prestigious WAVES SUMMIT 2025, a recognition that

Her charisma as an anchor has made her the preferred choice for high-profile events, where she effortlessly blends elegance with energy. Beyond the spotlight, Shilpi is a woman of vision and compassion. Her active association with NGOs and social causes reflects her deep sense of responsibility towards society. Whether it's lending her voice for awareness campaigns personally participating in charity work, she believes in empowerment through action. At the heart of it all is authenticity — Shilpi's journey is not a facade of success, but marked by lessons, challenges and transformation. She stands tall not just for what she has achieved, but for what she represents: a woman who dared to dream beyond definitions and created her own crown.

Her message to the world is clear and powerful: "Believe in yourself. Think like a queen. A queen is never afraid to fail. Failure is just another stepping stone to success." Indeed, Shilpi Bahadur is not just a name she is a story of empowerment,





Simmi Kapoor Noida, Uttar Pradesh

She is a woman whose life is a celebration of resilience and strength, intricately embroidered with the threads of heritage, creativity and purpose. An artist of the soul, she doesn't just create—she breathes life into traditions with every stitch, every bead, every delicate detail. For Simmi, art is not a mere pursuit; it is a sacred meditation—a heartfelt expression of love, spirit and connection to her cultural roots. Each of her creations is more than a handcrafted piece; it is a symphony of emotions, a visual melody echoing the stories of generations.

Her journey is a earnest to empowerment and leadership, proving that the path of creativity can be both deeply personal and powerfully communal. The joy that others find in her work—the way her art resonates and heals—is what continues to fuel her passion. Her creations, cherished by many, serve as comforting companions and bridges to a more soulful, mindful way of living. Simmi's ability to touch hearts with her craft showcases not only her talent but also her deep commitment to creating meaning through beauty. Guided by visionary thinking, Simmi views art as more than ornamentation; to her, it is a vehicle for mental well-being and inner clarity. She believes that artistic expression has the power to heal, transform and reveal hidden parts of ourselves. Through her intricate work, she encourages others to slow down, to observe the fine details of life and to discover peace within the process. Her artistry becomes a mirror, inviting introspection and leading the observer to a deeper understanding of self. Simmi lives by the powerful words, "Once you've Wings, Don't Afraid to Fly, Never Ever Giveup, Celebrate Yourself!"—life is meant to be lived with fierce spirit and joyous passion. Her approach to life and art reflects a rare blend of grace and dignity, unshaken by external noise or fleeting trends. She embodies a spirit that refuses to be confined by ageor societal expectations, constantly reinventing and growing, driven by her unbreakable belief that every dream deserves to breathe. With an unwavering sense of

authenticity, Simmi encourages others to celebrate themselves, not only when applause surrounds them but also in moments of quiet perseverance. Her mantra—be your harshest critic and your loudest cheerleader—echoes the voice of a true mentor, one who leads by example and inspires by simply being. She teaches that life, like her craft, is a blend of discipline, passion and self-love, woven together into a masterpiece. Simmi Kapoor's life is not just a journey—it is an artwork in motion. Her dedication to preserving culture while nurturing the soul makes her a luminous figure in the world of creative expression. In her hands, tradition finds new light and through her spirit, countless others are inspired to craft their own symphonies vibrant, unrestrained and full of life.



Dr. (Hon) Haripriya Narasimhan Hyderabad, Telangana

Dr. Haripriya's path is defined by resilience and strength—a deep inner power that allowed her to transition from traditional textile and craftwork into a deeply meditative and intricate art form. Her ability to reinvent herself in the face of shifting artistic paradigms showcases not only creative flexibility but also a spiritual fortitude. Her art became her sanctuary, her strength and ultimately, her offering to the world.

Today, she holds the honor of being a freelance Mandala artist with the International Indian Folk Art Gallery in Australia and is a respected member of the U.S. Art Gallery in Assam. She also serves as Secretary of the Revival of Tribal and Folk Art Foundation, Jharkhand, reaffirming

her role as a leader and cultural ambassador in reviving traditional Indian art forms. Her empowerment and leadership lie not only in her accolades, but in how she represents Indian heritage on the international stage, elevating it through her intricate mandalas that speak a universal language of peace and mindfulness.

Her work exudes grace and dignity—each mandala crafted with pen and paper, every curve and circle formed with purpose, precision and poise. These aren't just artworks; they are sanctuaries of silence, meant for meditation and healing. Her ability to merge geometric precision with spiritual symbolism makes every piece a poetic dance between symmetry and soul. The global admiration for her style—over 890+ awards, recognitions and an appreciation letter from the Hon'ble Prime Minister of India—is a covenant to the quiet power her mandalas possess.

Dr. Haripriya's creations are born out of purpose and passion. She believes in art not just as a visual pleasure but as a medium of transformation. Her meditation mandalas serve as daily tools for emotional balance,



mental peace and spiritual reflection. Her work is not just seen—it is felt, deeply. It comforts the weary soul, calms the anxious mind and awakens the still voice within. With visionary thinking, she has brought Indian folk and tribal arts into modern relevance, using ancient forms to address today's need for mindfulness and wellness.

Her art invites a global audience to journey inward, to explore stillness in a restless world. Yet, amid all her achievements, what stands out most is her authenticity. There is purity in her process, humility in her voice and sincerity in every piece she creates. She doesn't seek validation—she offers value.

A beacon of beauty, calm and quiet strength, Dr. Haripriya Narasimhan is not just the "Queen of Mandala Art"—she is a force of healing through harmony.







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Gurgaon, Haryana

At 48, Jasmine Kakkar is living proof that age is not a limitation it's a celebration of evolution. A fashion model, working woman and homemaker, Jasmine has redefined resilience by transforming every phase of her life into a platform for growth, grace and grit. Her story is one of unshakable strength, authentic passion and visionary thinking that has empowered not just herself, but countless women who dare to rediscover their dreams. Married for 26 years, Jasmine spent the early part of her life devoted to her family, raising her children and holding the household together with unconditional love and selfless dedication. Like many women, she chose to pause her personal ambitions to nurture the foundation of her family. But once those responsibilities were fulfilled, she refused to let time or fear define her next chapter. At the age of 40, Jasmine reignited her professional journey by managing a girls' hostel (PG), single-handedly cooking and caring for over 30 working women every day. With no staff to assist, her love for cooking became her strength, allowing her to serve with joy and commitment. When COVID-19 disrupted her setup, she stood at another crossroad. But Jasmine

Jasmine accepted a position in international sales with an Australian company. Learning how to use a laptop at 40-plus was no small feat—but she embraced the challenge with courage. Overcoming language barriers and self-doubt, she flourished as an online sales executive for two years, interacting confidently with clients overseas. Her success was not just about sales; it was about proving to herself that reinvention is always possible. But Jasmine's journey wasn't meant to stop there. At 47, she was offered the chance to participate in a bridal fashion show. Choosing herself for once, she stepped onto the ramp—and emerged among the top models

doesn't back down. Instead of being paralyzed by uncertainty, she stepped boldly into uncharted



at the Brides of India show. That moment ignited her inner diva. She has since walked numerous ramps, participated in beauty pageants and earned accolades like Mrs. Glamour Gurgaon (2017), Best Skin Award, Mrs. Maintenance of the Year (2025) and 2nd Runner-Up at Fashion Fusion Model by New Era Press. From being a jury member at GBA Events to walking for Designer Fashion Week and Luxury Dot PR, Jasmine has embraced every platform with grace and confidence. She's modeled for top jewellery brands like Malabar Gold, Aigri, Kia, Senco, Joyalukkas and has been celebrated as Guest of Honour by Study by Janak. She recently won the Panache Face of India 2025 title in the Mrs. category. Today, Jasmine Kakkar stands tall not just on the runway, but in life. Her story is one of transformation, self-discovery and unstoppable spirit. With elegance in every step and purpose in every move, she continues to shine as a symbol of feminine strength and authenticity. She is not just walking the ramp—she's walking into the hearts of women who dare to rise again.





Bhavika Agrawal Noida, Uttar Pradesh

She emerges a radiant soul whose art is not merely a visual delight, but a spiritual dialogue— Bhavika Agrawal. She is an embodiment of resilience and strength, having carved a unique path where devotion meets creativity. Through every stroke of her color pencils, Bhavika redefines artistic purpose, breathing life into paper with the quiet power of her soul. Her journey is not just one of an artist, but of a visionary—someone who leads with authenticity, grace and a deep-rooted passion for her craft and her faith. Bhavika's artistry is deeply interwoven with her unwavering devotion to Lord Radhakrishnan. Her portraits are far more than illustrations—they are sacred meditations rendered in vibrant hues and intricate detail.

They embody her purpose and passion, capturing the timeless grace, teachings and serenity of Lord Krishna in a way that stirs both the heart and the spirit. Her work evokes a deep sense of inner peace, joy and reflection, touching viewers with an unspoken message of divinity and calm. But Bhavika's vision doesn't stop at Krishna. Her explorations into sacred symbolism extend to Kamdhenu—the divine cow, a symbol of abundance, prosperity and spiritual generosity in Hindu mythology. With every portrayal, Bhavika weaves a tapestry that unites Kamdhenu's divine energy with the celestial love and wisdom of Lord Krishna. It is this layered spiritual narrative that reveals her visionary thinking—the ability to channel deeper meanings and connections through art that goes beyond aesthetics. Her process is meticulous, born of both technical skill and emotional depth. With each careful blend and shade, Bhavika constructs not just an image, but an experience. Her compositions are immersive, drawing the observer into a sacred space of reflection and connection. She leads not with noise but with grace and dignity, letting her creations speak for her—a quiet leadership that inspires others to look within and discover the divine spark that lives in each of us. In every piece, Bhavika offers a fragment of her soul. Her art is authentic, deeply personal and yet universal in its appeal. It becomes a mirror where others can see their own faith, their own yearnings and perhaps, even their own transformation. She stands as a beacon of empowerment, especially for young artists who wish to follow their inner calling despite the noise of conformity. Bhavika Agrawal is not just an artist—she is a spiritual storyteller, a dreamer rooted in devotion and

woman of purpose whose strength lies in her gentleness and conviction. Her life and work are a covenant to the power of art to elevate the soul, to empower the heart and to lead others toward a more meaningful, enlightened path.

She is a Fevicryl (Pidilite Brand) **Certified Professional**



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Nartaki Mathangi Shankar Pune, Maharashtra

n a world that often demands compromise between profession and passion, Nartaki Mathangi Shankar stands tall as a rare embodiment of both. A highly accomplished Bharatanatyam dancer and a renowned IT Architect with over two decades of experience, Mathangi seamlessly blends the rigors of technology with the rhythm of tradition. Her journey is one of resilience and strength, where she has dared to follow her heart, even while excelling in a demanding career, setting a powerful example for countless women across the country. Mathangi's tryst with classical dance began at an early age, culminating in her Arangetram at the prestigious RRSabha, Mylapore, Chennai, where she performed the entire Margam with brilliance and depth. Under the tutelage of the eminent Dr. Priya Parab from Pune, she honed her skills, nurturing her inner artist with dedication and discipline. Her consistent performances and profound artistry have earned her some of the most coveted awards in the dance world, including the Thillai Nataraja

Award, Nrutya Sadhna Award, Natya Kodhai 2023 and Laasya Deepam title from Thiruporur Murugan Temple, among others. A true torchbearer of empowerment and leadership, Mathangi is the founder of Nritya Mathangi Classical Dance School, where she imparts her knowledge to the next generation of dancers. She doesn't just teach movement—she teaches confidence, culture and commitment. Her efforts in organizing dance festivals and competitions for her students have created vibrant platforms for young talents to flourish. As a mentor, she leads by example, proving that women can wear many crowns—with elegance and impact. Her performances resonate with grace and dignity, telling stories not only of mythology and devotion but of inner strength and the beauty of discipline. With each movement, she conveys emotion, energy and ethos—inviting audiences to not just witness but feel. Her artistry is matched only by the reverence she brings to the stage, making every performance a tribute to the divine.



In the tranquil town of Digboi, Assam, nestled amidst the lush landscapes and natural serenity, a young girl named Mandira Ganguly began her journey with art—not as a pursuit of recognition, but as a quiet dialogue between her soul and the canvas. What started as a daily ritual of painting soon evolved into a powerful expression of resilience and inner strength. With every brushstroke, Mandira transformed her emotions into vibrant visuals, crafting stories that resonated far beyond the boundaries of her hometown.

Mandira Ganguly

Her journey took a defining turn when she moved to Kolkata, West Bengal, where she pursued her education and began laying the foundation of a life steeped in creativity. But it was a transformative trip to the art capital of the world—Paris—that truly awakened her artistic spirit. At just twenty-three, Mandira found herself captivated by the magic of the European art scene. Studying at the American Centre of Art and walking through the majestic halls of the Louvre and other great museums, she absorbed the brilliance of the masters. Guided by an encouraging mentor, she cultivated her craft with a renewed purpose, discovering not just a skill, but a profound calling. Mandira's evolution as an artist has been nothing short of remarkable. Completing a course at Swar Sangam, housed in the Birla Academy of Fine Arts and Culture, she immersed herself in Kolkata's rich artistic

tradition. Over the years, she has participated in numerous group exhibitions and proudly hosted Seven Solo Shows. Her work has not only been featured in reputed publications but has also earned her two Art Excellence Awards—covenants to her visionary thinking, authentic expression and leadership in the contemporary art scene. The challenges of the pandemic only deepened her connection to art. While the world paused, Mandira painted. Her canvases became sanctuaries of solace, illuminating themes of human spirituality, nature and the mystical cosmos. Through a unique blend of impressionistic, figurative and symbolic styles, she invites her audience to step into alternate realms—where color meets consciousness and form meets faith. Her achievements in 2024 are a reflection of her grace and dignity as well as her empowerment as a creative leader. She was honored with the prestigious Vande Mataram

Award 2024 by Anuragyam, New Delhi. Her solo show at Tribe Café's art space in November captured hearts, with three of her pieces being acquired by collectors. She also showcased her work in group exhibitions at the Birla Academy and Ramakrishna Mission, one of which was graced by the esteemed Munmun Sen. Additionally, Bangiya Kala Kendra selected ten of her paintings for a solo online exhibition, recognizing her with a special certificate for outstanding artistic contribution. Mandira Ganguly stands today not just as an accomplished artist but as a symbol of purpose and passion. Her journey reflects a beautiful harmony of resilience, authenticity and visionary brilliance—qualities that continue to inspire and empower those who encounter her art. She is not merely painting pictures; she is creating legacies.





Parama Roy Bardhan Intricate Expressions and Discipline of Bharatanatyam

Georgia, USA



Her journey is a luminous colloquy to the power of resilience, vision and authenticity. Born in the culturally rich state of West Bengal, Parama began her tryst with Indian classical dance at the tender age of four. For the next twelve years, she devoted herself to mastering the intricate expressions and discipline of Bharatanatyam. Her early passion and raw talent positioned her for a promising career as a professional dancer. However, life took an unexpected turn when a family tragedy forced her to step away from her artistic pursuits and choose a more conventional path in academics.

But Parama's spirit was not one to be subdued. After relocating to the United States post-marriage, she found herself drawn once again to the rhythms and soul of Bharatanatyam. With quiet determination, she reignited her passion and returned to the stage with an evolved perspective and deeper devotion. Her graceful performances soon began to captivate audiences across borders. Through her mesmerizing command of the art form, she became a cultural sensationbringing the divine elegance of Bharatanatyam to international platforms and unfamiliar eyes. What sets Parama apart is not just her talent, but the leadership and empowerment she exudes. She is a mentor, a cultural ambassador and a torchbearer of Indian heritage. Her commitment to promoting Bharatanatyam among diverse communities is both inspiring and transformative. She believes that this classical dance is not merely a performance but a spiritual journey—one that deserves to be cherished by generations to come.

Her graceful presence and dignified poise on and off the stage speak volumes of her inner strength. Even in unfamiliar lands, she has upheld the cultural pride of India with authenticity, never compromising on the purity of her art form. She continues to perform, teach and share the philosophy behind Bharatanatyam with an unwavering sense of purpose. Parama's achievements reflect her global impact and visionary outlook. With over 18 years in **Australian** the field, she has Cultural Heritage, been honoured **Ministry of Culture** with numerous (India), International national and **Festival & Contests** Fiestalonia (Spain) and IMKA Europe. Notably, she is a proud member of the International Council of Dance (UNESCO) and has been invited to represent Indian classical dance at festivals in Greece, Italy and beyond. Parama's work has been spotlighted in influential platforms like The Statesman, Marietta **Journal and Entrepreneurs** Today. Recognized in the "30 Under 50 Achievers" list, she continues to shine as a role model for aspiring artists worldwide. With a heart rooted in tradition and eyes international set on a global stage, Parama awards Roy Bardhan is not just including the preserving a timeless art—she Nritya Kala Ratna, is redefining its future. Through Naatya Kala Samman, her resilience, leadership and Natya Kiranam, Natya Mayuri and passion, she truly embodies Thilai Nataraja. She has triumphed at what it means to be a Glorious prestigious contests hosted by the Woman.

Kavita Gupta

A woman of substance and strength, Kavita Gupta embodies resilience, leadership and authenticity through every chapter of her life. With over 50 years of life experience, she has emerged not only as a seasoned professional but also as a beacon of empowerment and integrity in both the real estate and social activism arenas. As the Director of Shri Radhey Property Solutions Pvt. Ltd., Delhi and the Chief Director of the Anti-Corruption Foundation of India, Kavita's life is an earnest to vision, courage and an unwavering commitment to building a better society.

began in the heart of a family built on values, mutual respect and shared dreams. Her husband, a veteran with over 37 years in the real estate industry, has been both her partner and mentor—fueling her professional aspirations with unwavering belief in her capabilities. Together, they laid the foundation of their company, where Kavita has grown into a dynamic leader, steering projects with transparency, diligence and a client-centric approach

Kavita's leadership journey social welfare is equally powerful. As Chief Director of the Anti-Corruption Foundation of India, she stands tall as a crusader against injustice and ethical compromise. With firm conviction and a composed demeanor, she works tirelessly to promote awareness, integrity and civic responsibility among the masses. Her grassroots approach and inclusive leadership style make her a relatable and inspiring figure in her community. Behind her professional achievements that has earned the company a lies a life filled with grace, dignity solid reputation. Yet her pursuit and love. A proud mother, Kavita of purpose doesn't end with has raised two accomplished business. Kavita's commitment to children—a daughter who is

and a son thriving in Toronto. Her nurturing spirit, combined with her inner strength, reflects in the values she has instilled in her family. Her ability to balance ambition with compassion makes her an admired figure not only within her home but across the larger circles she influences. What sets Kavita apart is her quiet authenticity. She is not driven by titles or applause, but by purpose. She leads with humility, speaks with wisdom and walks her talk. She is deeply grateful for the support of her loved ones and she channels that gratitude into everything she does—whether mentoring young professionals, leading community drives or raising awareness against corruption. Her life's mantra seems to echo in her every action: Live with intent. Act with integrity. Lead with heart. With visionary thinking and a soul anchored in values, Kavita Gupta continues to inspire those around her to rise above challenges and serve with sincerity. Her journey is far from over and as she looks ahead; her purpose remains clear—to be a voice of change, a symbol of dignity and a woman who builds not only homes but a legacy of hope, trust and empowerment.

a super-specialist pediatrician



Litro-Fashionate Magazine

Dr. Manju Vasant Ahir Maharashtra



She stands as a beacon of resilience, intellect and inspiration in the field of education and research. Born in a society where girls were often discouraged from dreaming beyond domestic boundaries, she chose not just to dream, but to soar. Her journey began in silence and struggle, but today, her voice echoes in lecture halls, seminars and scholarly journals across the nation and beyond. Armed with a rare combination of determination and academic excellence. Dr. Ahir has pursued and earned an extraordinary 10 postgraduate degrees in diverse disciplines including commerce, computer science, management, mathematics and the arts.

She holds a PhD in Commerce, has authored 43 research papers and is currently pursuing her D. Lit—continuing to break barriers even after decades of dedication. Each qualification and accomplishment speak not only of personal triumph but of her commitment to challenge stereotypes and open doors for others. With over 26 years of experience in academics, Dr. Ahir currently serves as a lecturer in the Department of Commerce and Management at Br. R D I K and N K D College, Badnera. But her contributions extend far beyond the classroom. She has held numerous leadership roles including Director, Coordinator and Editorial Board Member across various prestigious institutions. Her roles with the All India Council for Technical Skill Development, Research

India Foundation, Divya Education Society and multiple study centres demonstrate her commitment to building educational ecosystems that support innovation and inclusion. Dr. Ahir's strength lies not just in her academic achievements but in the grace and dignity with which she carries her mission forward. Her humble beginnings have never deterred her from embracing her identity and values. She speaks openly of the support of her husband and loved ones who encouraged her dreams, acknowledging that collective strength fuels individual success. A true visionary, Dr. Ahir has patented a design for a "Railway Ticket Generating Machine" and continues to explore new ideas in education and social reform. She actively guides undergraduate and postgraduate students, mentors aspiring researchers and participates in national and international conferences, ensuring that knowledge remains dynamic and impactful. Her contributions have earned her numerous prestigious recognitions, including the APJ Abdul Kalam Award, Bharat Gaurav Samman, National Woman Pride Award, Jyotiba Fule Lifetime Achievement Award and the Dadasaheb Phalke Icon Award, Influencer Woman Award for Education and Research, National Women Excellence



Award, Best Teacher Award, Dainik Women Bhaskar Award by Dainik Bhaskar Newspaper, Rajyastariya Nari Shikshan Ratna Purskar, Bharat Jyoti Pratibha Samman Award, Global Achievers Award 2025, among many others. Each award is not just a trophy, but a symbol of her influence as a woman who has uplifted countless lives through education and empowerment. Dr. Manju Vasant Ahir is more than an educator she is a movement. Her life is proof that origin does not define destiny. With unwavering faith, an indomitable spirit and a heart full of purpose, she continues to transform lives, proving that a glorious woman is one who not only rises but lifts others with her.





Puneet Madan Mohali, Punjab

In the ever-evolving landscape of Indian art and education, few names shine as luminously and consistently as Puneet Madan—a powerhouse of creative brilliance, unwavering conviction and quiet leadership. Her journey defies conventional boundaries, seamlessly bridging worlds of art, education and social upliftment with rare grace and magnetic purpose. A multidimensional force, Puneet is not confined to titles, but her accolades speak volumes. Known nationally as the 'Queen of Innovative and Creative Skills', she has carved a niche so distinctive that the word "versatile" feels like an understatement.

From prestigious national recognitions to state honours—including being awarded twice by the Governor for excellence in education, her influence spans far beyond institutional walls. In 2024, she was proudly named among the Top 9 Kohinoor Awardees from Ayodhya, an exemplification to her timeless contributions. What makes Puneet Madan unforgettable is not just what she creates, but what she enables in others. Her early work revitalizing Phulkari embroidery after Operation Blue Star wasn't just an act of artistic revival—it was a quiet revolution, giving voice and value to regional heritage when it was most vulnerable. As a certified craftsperson under the Ministry of Textiles, her designs have redefined craft not as an artifact, but as an act of empowerment. Over the decades, she has become a mentor to thousands—many of whom were first-time learners, homemakers or marginalised individuals seeking identity and independence. Under her compassionate mentorship, art has become a lifeline. Whether guiding a cancer survivor through colour therapy or designing tactile-based techniques for the visually impaired, Puneet doesn't just teach—she transforms. Her mastery extends across forms as varied as coffee painting, quilling, calligraphy ink art, fluid and acrylic painting and doodle mandalas—each work infused with clarity, emotion and storytelling. With more than 550 exhibitions across India and abroad, her art finds space not just in galleries but in hearts—conveying peace, reflection and purpose with every brushstroke. Yet Puneet's vision doesn't stop at the canvas. She is a pioneer of freehand art movements, erasing the psychological boundaries many associate with formal art learning. Her innovative models of instruction have reached learners as far as Canada, Australia and Singapore, with art serving as a universal language of healing, expression and connection. Her global outreach during the COVID-19 pandemic was recognized by Harvard World Records (London) for exceptional work with specially-abled individuals—turning isolation into inspiration for many. Her name features in 12 national and international record books and her art adorns sacred and historic spaces—from Ayodhya's spiritual sanctums to the Gandhi Darshan Art Gallery in Delhi. She's also painted hope



into public spaces through community murals, including an evocative piece in Mohali and has taken part in Guinness World Record initiatives and creative feats honoured by Grace Book of Records (Singapore). A natural orator and mentor, Puneet has authored six eBooks, co-authored international coffee table publications and has served as a Guest of Honour, Judge and Demonstrator at countless forums. Her grounded presence and elegant voice bring credibility and soul to every platform she graces. Her commitment to nurturing emerging talent goes beyond encouragement. She sponsors national 'Creative and Innovative Awards' for students and her personal involvement in grooming

school artists has led to multiple international accolades. To Puneet, every child with a brush is a future storyteller and she makes sure they are heard. What distinguishes Puneet is not just her brilliance, but her boundless generosity of spirit. She doesn't seek to be admired—she strives to make a difference. In her, we find a living example of what happens when art becomes a mission and talent becomes a tool for transformation. Puneet Madan is more than an artist, educationist or social reformer. She is a legacy in motion—a radiant bridge between tradition and modernity, emotion and intellect, self-expression and societal change.

ANU SAXENA Singapore

n a world often divided between logic and imagination, Anu Saxena emerges as a rare soul who seamlessly bridges the two. An artist of extraordinary caliber and an engineer by intellect, Anu embodies a perfect blend of resilience and strength, rising above conventions to carve a niche were structured precision dances harmoniously with artistic whimsy. Her life story is a covenant to her ability to defy limits, transforming challenges into canvases and setbacks into strokes of genius. Every creation that emerges from her studio radiates the grit and grace of a woman who knows how to rise, rebuild and redefine the narrative. Her empowerment and leadership shine not just through the masterpieces she creates, but through the lives she touches. A beacon of inspiration for aspiring artists, Anu does not confine her talent to the gallery walls. Instead, she generously shares her knowledge with learners of all ages, leading them into the enchanting world of self-expression through art. Her workshops are more than just lessons—they are empowering experiences, where individuals find their voices, their confidence and often, a new sense of identity. In every brushstroke she teaches, Anu ignites a spark of possibility. With every portrait and pencil sketch, Anu Saxena exudes grace and dignity. Her hyper-realistic human portraits are not merely pictures—they are soulful encounters. The subtle emotion in an eye, the quiet resilience in a smile, the stories woven into wrinkles and expressions—Anu captures them all with a quiet elegance that stirs the heart. Her oil paintings, layered with depth and emotion and her fine pencil sketches, marked by delicate control, mirror her inner poise and refined sensibilities. Guided by a deep purpose and passion, Anu paints not just for admiration but for meaning. Whether



through commissioned works that immortalize personal memories or her own creations that explore themes of humanity and connection, each piece reveals a deeper narrative. She believes art is not merely a product but a process—of healing, of discovery, of storytelling. It is this passionate purpose that gives her work its unique resonance. Anu's mind is fueled by visionary thinking—she sees beyond the canvas. Her dual background in engineering and art allows her to think structurally while dreaming creatively. This rare combination fuels her innovation, where her pieces are not only visually stunning but conceptually profound. She reimagines spaces, emotions and moments with a futuristic flair while remaining rooted in human truth. But perhaps what defines Anu Saxena most deeply is her authenticity. There is no pretense in her presence, no imitation in her art. Every creation is real, every interaction heartfelt. She does not chase trends; she follows the calling of her soul. Through her authenticity, she invites others to do the same—to be real, to be brave and to be beautifully imperfect. Anu Saxena is more than an artist; she is a force—a creative visionary, a nurturing mentor and a resilient spirit who paints not just faces, but futures.



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Amb. Dr. Smily Mukta Ghosal

Dallas, Texas. USA

"Her work has earned her over 900 accolades, including recognition as a World Record Holder."

Extraordinary journey of Amb. Dr. Smily Mukta Ghosal, an Indo-American visionary, entrepreneur and humanitarian. From humble beginnings to being globally celebrated as the "Green Queen" and "Sustainable & Peace Icon," she has carved her own path with unmatched grace, unwavering strength and a deep-rooted connection to nature. A woman of immense clarity and conviction, she proudly identifies herself as "From No One to Global Luminaire," carrying her mantra, "Gratitude with Attitude," with radiant dignity. As the Founder of Natural Beauty – Organic Skin & Hair Products, USA, Dr. Smily has built far more than a beauty brand. She has created a movement—one that merges natural well-being with sustainability, empowering people to age gracefully while respecting the Earth. Her belief in nature's healing power is both her personal philosophy and professional mission: "Nature has given us everything in abundance. Every illness has a natural cure." Through conscious product development, responsible sourcing and

minimal waste practices, she leads by example, making green living not only accessible but aspirational. Dr. Smily's journey from scientist and corporate business trainer to sustainability advocate is a earnest to her resilience and visionary thinking. Her work has earned her over 800 international accolades, including prestigious titles such as "Mother of the Environment," "Goodwill Ambassador," and recognition as one of the Top 20 Women in Outstanding Leadership. Her published Eco-Warrior Handbook on Sustainability and impactful keynote speeches around the world have positioned her as a powerful global influencer and change-maker. Her leadership extends far beyond entrepreneurship. As a certified transformational coach, pageant mentor, herbalist and corporate trainer, Dr. Smily is a dynamic force in empowering others. She inspires women from all walks of life to embrace their individuality and reject the pressure to conform. Her message is loud and clear: "Be your own Google. Be your own

artist. Don't be painted by others—paint your own canvas." Her presence on global platforms, podcasts and seminars ignites passion, self-worth and sustainability in everyone she touches. Despite global recognition, Dr. Smily remains grounded in grace and humility. Her philosophy, "Be human first. Love nature. Bless everyone & find good in all," reflects her authenticity and devotion to serving others. She champions compassion, uplifts women in need and believes in empowering without competing—echoing the powerful message that true leadership uplifts, not overshadows. At over a decade into her brand's journey, she continues to smile through every challenge, proving that a smile—her signature strength—can calm storms and fuel revolutions. She doesn't just speak about transformation; she embodies it. Amb. Dr. Smily Mukta Ghosal invites the world to join her mission of eco-conscious living and personal empowerment. Her legacy is not just of success, but of significance—proving that passion fused with purpose can illuminate the world.

AMB. SMILY MUKTA GHOSHAL LINE UP OF GLOBAL PET'S PROJECTS:

- Global Green Revolution Campaign (GLOGREENCAM)
- Miss Real Estate Africa Pageant, 2022
- Establishment of digital Modelling and Fashion University
- Green Revolution Beauty Contest
- Waste Tyre, Rubber and Plastic Recycling to Pyrolysis Oil and Diesel Factory in Africa
- Environmental Safety awareness and Climate Change Campaign in Africa
- House of Pageant Reality TV Show
- Ten Million Youth Development Campaign
- Celebration of African Twins in Memory of Late Mary Mitshelle Slessor and Late. Mother Teresa
- African Homeless Children Green Estate
- Global Women Entrepreneurs Club
- Nollywood Bollywood Hollywood Film Industry
- Ekallywood Streaming Blockchain Television
- Book launch title: Perfect Way to Save the Child to be a good citizen

- Living with Mr. Farmer Reality TV Show
- Green Coin Search Reality TV Show
- Natural Healing Temple Tourist Center
- Green Globe Football Club, Etc.

In fact, a lot is being set for the future, including various projects and programs that are being championed. Notably, the Global Green Revolution Campaign (GLOGREENCAMP) is being spearheaded with a bold vision to impact the lives of ten million (10,000,000) youth worldwide. This global movement aims to rekindle the spirit of "go-green" in the mission to save the earth, protect humanity and preserve the environment, while simultaneously developing and empowering young people. It serves as a platform to usher in sustainability across all sectors and areas of endeavor. Plans are currently underway to establish campaign offices in countries across the globe. The Green Revolution Campaign is positioned as a key initiative for restoring Mother Earth to her original state—free from environmental degradation, water pollution, bush burning, food scarcity, malnutrition, oil spillage, gas flaring, the destruction of arable land and the adverse effects of climate change.



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Priti Srivastava

She stands as a beacon of resilience and strength, embodying the spirit of a woman who has transformed her roots into wings. Born in the culturally rich district of Balrampur, her early years were shaped by vibrant folk festivals and bustling craft fairs, where the colors, textures and rhythms of Indian tradition left a lasting imprint on her soul. But it wasn't until a chance encounter at a cultural festival in Agra in 2018 that her dormant passion was reignited, setting her on a powerful artistic journey that would soon touch lives across the nation.

A visionary in Indian folk art, Priti's mastery of forms like Madhubani, Warli and Lippan has made her creations timeless often referred to as "folk tales on paper." Her work is not merely artistic expression; it is a dialogue between past and present, a conversation that honors India's rural legacy while connecting with contemporary sensibilities. Through bold colors, intricate pen-work and emotive narratives, Priti paints stories that celebrate the quiet strength and everyday heroism of women, making her not just an artist but a leader in cultural empowerment. Priti's artistic excellence has been recognized with numerous honors, including the prestigious Vande Mataram Award by Anuragyam, Bharat Kala Gaurav Award, Amrita Issue 11 | May 2025 | 38

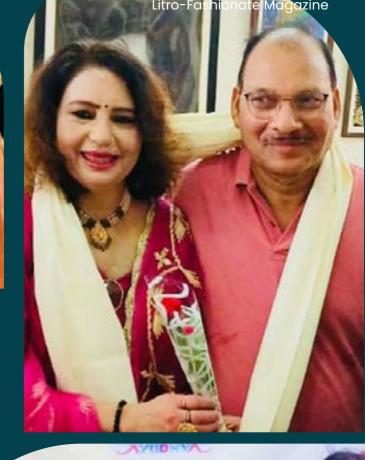
Shergill Kala Ratna Award, The Asia Icon Award, Online International Art Exhibition -40th Edition & Got Gold Medal, Certificate for Womens Kala Award, Swedesh Kohinoor Award for Art Work, Swedesh Bhushan Award for Hindi Write-Up & Kala Bhushan Award for Folk Singing. With over 20 gold medals from national and international competitions, her name has become synonymous with authenticity and purpose. Yet, awards are only part of her journey. Her true reward lies in the impact she makes - mentoring young artists, reviving endangered art forms and instilling pride in cultural heritage. As the founder of Pahee, her art label, Priti has turned her passion into purpose, redefining success not merely as personal accomplishment, but



as the ability to uplift others. Pahee is not just a brand; it is a movement that echoes with the voices of unsung artisans, inspired dreamers and every hand that dares to create. Her grace and dignity shine through her seamless balance between being a homemaker, a mother and a cultural entrepreneur a rare harmony of home and ambition. Beyond the canvas, Priti is a folk singer, composer and the voice behind the blog Sanjhaa Bhor, where she archives and celebrates India's rich oral traditions. In every song she sings and every story she pens, there is a whisper of lost villages, ancient wisdom and the pulse of a heritage she



refuses to let fade. Priti Srivastava's journey is not just an artist's odyssey – it is a tale of empowerment, leadership and visionary thinking. Through her art and her being, she reminds us that tradition is not a relic of the past but a living, breathing force – one that, when held with love and purpose, can light the path for generations to come.











Veronica Roma Pingol Hong Kong

She fondly known as Nightbutterfly, embodies resilience and strength with a soul that rises above every challenge. A proud Filipina and a steadfast voice for empowerment, she has transformed her journey into a beacon for countless others. Founder of United Poets @ Heart, Talinghaga Ng Puso HK, Hands For Love Group and advisor to Glory Future Foundation in Bangladesh, Veronica is not only a literary figure but a visionary leader within migrant and domestic worker communities in Hong Kong and beyond. With grace and dignity, she balances multiple roles — as an international editor for Litro Fashionate Magazine and contributor to various global platforms, her work resonates with purpose and passion. Her acclaimed debut book "Night Butterfly & Bolder Soul" and the anthology projects "Sensation From The Heart" and "Unleashed" reflect her commitment to give voice to the unheard and strength to the silenced. Veronica's authenticity shines through her poetic spirit and her mantra: "Play your game, smooth and fair not for fame but for the thrill you can claim" She is a true visionary, blending art and activism, empowering hearts across borders and leaving a legacy of compassion, courage and hope.



Dr. (Hon.) Renuka Jyer Bangalore



From the vibrant streets of Chennai to the culturally dynamic city of Bangalore, Dr. (Hon.) Renuka Iyer's journey is a covenant to resilience, strength and unwavering purpose. Born into an Air Force family, Renuka was raised amidst the shifting landscapes of India—each move adding a new hue to her artistic palette. Her nomadic childhood infused her with a deep appreciation for the country's rich diversity, planting the seeds of a creative spirit that began to blossom at the tender age of five. By eighteen, that spirit had matured into mastery, as she embraced the world of art with relentless devotion. Renuka's artistic journey is as vast and layered as the cultural heritage of the nation she proudly represents. With an innate ability to adapt and absorb, she has mastered a wide range of mediums—from watercolors and oils to acrylics, graphite and traditional inks. This versatility is matched only by her fascination with styles both ancient and modern. Whether delving into Mysore Traditional, Ganjifa Miniature, Tribal,

approaches each creation with authenticity, grace and an unwavering commitment to preserve India's artistic soul. Her academic foundation—a Bachelor's degree in Fine Arts from Shantanu Chitra Vidyalaya—was only the beginning of a life devoted to learning and sharing. Under the guidance of masters like Subramanyam Raju of Karnataka Chitrakala Parishath and National Award-winning artist Raghupathy Bhatt, she honed the techniques of Mysore painting and Ganjifa miniature art. This rigorous training was not just about skill—it was about embracing a lineage, understanding a philosophy and nurturing a responsibility to pass it on. Throughout her career, Dr. Renuka Iyer has become more than an artist—she has emerged as a leader and an ambassador of Indian heritage. Her exhibitions both online and offline—have drawn admiration from across the country, affirming her status as an eminent artist. But for Renuka, recognition is not the destination. Her true mission is empowerment through art—to revive, sustain and globalize the stories etched into our cultural memory. Nature, a recurring muse in her work, mirrors the rhythm and resilience of her journey. Her paintings don't merely depict—they evoke. They speak of ancient wisdom, forgotten traditions and the silent strength of heritage. Through her brush, she crafts visual dialogues that transcend time and geography, inviting viewers into a world where visionary thinking and authentic storytelling converge. Based in Babusapalya, Bangalore, Dr. Renuka Iyer continues to inspire a new generation of artists. With dignity, passion and unshakeable resolve, she carries forward a torch that lights not only her own path but illuminates countless others. She stands as a symbol of India's living artistic legacy—a woman of substance, creativity and purpose, whose work is both a celebration and a preservation of something timeless.

Folk, Contemporary or Mandala forms, Renuka



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Pinal R. Panchal

Vadodara, Gujarat

SHe is a passionate and visionary artist from Vadodara Gujarat who has been expressing the soul of India through her art for over two decades. A diploma holder in Commercial Art from Surat she began her artistic journey with a deep admiration for traditional Indian miniatures and the elegance of the Mughal era.

Her fascination with the romanticism of ancient stories and the vibrancy of Indian palettes is evident in every brushstroke. What began as a creative spark soon became a lifelong pursuit of purpose and passion. For the last ten years Pinal has also been working as a senior graphic designer bringing her creative sensibility to modern platforms while continuing her work as a professional artist. Her journey took shape with a striking mosaic-style canvas painting of Peshwa Bajirao and a Mastani dancer. This painting marked the beginning of a style that would blend tradition with modern expression.

Her artwork is known for vivid shades of red blue yellow and green highlighted with contrast grey on black. Through expressive eyes in her portraits, she captures emotions that are playful intimate and alive creating a personal connection with every viewer. While rooted in the grandeur of Indian traditions Pinal has also embraced the freedom of western art forms. Her abstract collections mural work and life studies speak to her experimental spirit. She draws inspiration from nature which is reflected in her landscapes and the organic beauty in her compositions.

Her belief in evolution and creativity keeps her moving forward fearlessly exploring new mediums and expressions. Pinal's journey has not been without challenges but her resilience and strength have shaped her identity. Her belief that bad times come to test us but cannot defeat a determined soul has guided her through obstacles. She continues to create with hope courage and unwavering authenticity. Her story inspires countless artists who struggle to keep their dreams alive in difficult times. In 2019 Pinal received the Youth of India Award which recognized her early contribution to the art world. In 2022 she was honored with the Spandan National Established Icon Award at the Taj Mahal Palace Hotel in Mumbai.

Her work has been displayed in Gujarat's 222 Women Artists Exhibition and her painting on the theme of Modi was selected for a prestigious international exhibition attended by Gujarat's Chief Minister Vijay Rupani and his wife. Her accolades include the Leonardo da Vinci Award Women Art Excellence Award Golden Brush Award International Noble Artist Award and the Nari Ratna Award among many others. Pinal's paintings and articles have been featured in numerous magazines and newspapers across India. Her interviews both online and offline have reached audiences nationally and internationally.

She has participated in over 50 group exhibitions and held four solo shows along with more than 25 art camps at various levels. Through her art journey Pinal Panchal continues to uplift others lead by example and remain a true symbol of grace dignity and strength. She is not just an artist but a movement of beauty passion and transformation.





Abhilasha Vartak

She is not just a name, but a movement of compassion, resilience and purpose. She is vasai MLA. As the Founder of Vartak Welfare Foundation, Vice President of Vasai General Labour Union and a renowned motivational speaker, she has redefined the essence of leadership by dedicating her life to the upliftment of the marginalized and underprivileged. Her journey is an inspiring tale of rising from scarcity to become a symbol of hope and empowerment for countless lives.

Born into a humble family, Abhilasha understood the value of basic necessities like food, clothing and education from an early age. She grew up witnessing hardship but never let it dampen her spirit. After her 12th standard, driven by a sense of responsibility, she took up a job to support her family and fund her own college education. Despite financial limitations, her heart remained rich in empathy—whether it was feeding the hungry, paying school fees for underprivileged children or visiting orphanages, she never turned away from those in need. Though she spent 23 years in the workforce, Abhilasha always knew that her true calling lay elsewhere. In 2019, with the unwavering support of her grown-up son, she took a bold step and devoted herself full-time to social work—thus giving birth to the Issue 11 | May 2025 | 46

Vartak Welfare Foundation. The foundation, now in its third year, is built on the belief that no one should sleep hungry and no food should go to waste. From collecting surplus food from events and distributing it to the needy, to donating clothes, notebooks and organizing free medical camps, her organization has been a lifeline for many. Abhilasha also believes in empowering women not just emotionally, but economically. Through skill training programs in areas like perfume-making and funnel production, she provides homemakers and domestic workers the tools to become financially independent. As the Vice President of the Vasai General Labour Union, she champions the rights of women labourers—particularly Koli women and housemaids offering them support, legal guidance and standing by them through every challenge.



Her leadership is defined by courage, integrity and grace. Her voice is powerful not just in advocacy, but also in inspiration. Frequently invited to address young girls and women, Abhilasha uses her personal story to ignite the flame of confidence and resilience in others. Her authenticity connects deeply and her passion drives action wherever she goes. In recognition of her impactful work, she has received numerous awards, including the State Mahila Nari Ratna Award (MVLA Trust 2022), Palghar Bhushan Award 2024, Most Social Impactful Innovative Leader (World CSR Day) and Mahila Ratna Puraskar





2025 from Avigha Foundation, among many others. Abhilasha Vartak's life is a shining example of how one woman's strength, when driven by purpose and love for humanity, can become a force of lasting change. Her journey reminds us that greatness lies not in what we possess, but in how deeply we care and how fearlessly we serve.







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DR. SANGITA BOHRA JAIN



She is a name synonymous with grace, resilience and boundless dedication to the service of humanity. With over three decades of unwavering commitment to social service, she has emerged as a pillar of strength and compassion in Indian society. Her life is a reflection of deep purpose, visionary thought and a sincere devotion to the betterment of others—qualities that define true leadership and authenticity. A Gold Medalist and Ph.D. holder in Holistic Healing, Dr. Sangita is not just a learned scholar but also a master of both ancient wisdom and modern spirituality. Her profound knowledge across multiple disciplines sets her apart as a rare polymath. Her academic and spiritual pursuits have led her to earn diplomas and certifications in a vast array of fields, including Vastu Shastra, Reiki (Great Grandmaster and Jain Reiki), Meditation, Tarot Card Reading, KP and Vedic Astrology, 9 Ki Astrology, Cartomancy, Face Reading, Knot Healing, Master Runes, Affirmations, Palmistry, Crystal Ball Reading, Automatic Writing, Currency and Drawing Analysis, Animal Spiritual Guidance, Logo Designing, Medical Numerology, Signature Analysis, Dream Analysis, Divine Codes, Switch Words, Numerology, Yoga Pranayam, Candle Healing, Kinesiology, Crystal Healing, Aura Reading, Dowsing, Acupressure, Aromatherapy, Color Therapy, Bach Flower Therapy, Zibu Symbols, Divine Code Therapy, Magnet Therapy, Saropa Healing, Arota, Lamaphera, Quantum Healing, Siddharam Healing, Akashic Record Reading, Graphology, Feng Shui, I-Ching and many more.

Her commitment to learning and sharing this vast body of knowledge is driven not by personal ambition, but by a deeper calling to heal, guide and uplift humanity. Her mastery across these disciplines is not just technical but deeply intuitive, blending science with soul. In the sphere of leadership and social work, Dr. Sangita holds significant positions of influence. She serves as the National Vice President of Shri Bharatvarshiya Digamber Jain Mahila Mahasabha and as President of the West Bengal Chapter. Through these roles, she continues to inspire women across generations, empowering them to find strength, purpose and community. She is also actively associated with several other respected organizations such as Akhil Bharatvarshiya Digamber Jain Mahila Sanghthan, Calcutta Citizen's Initiative and Rajasthan Bengal Matri Parisad, where her wisdom, empathy and dedication leave a lasting impact. Dr. Sangita's journey is not just a personal success story—it is a movement of light, service and transformation. Her ability to blend healing with leadership and knowledge with compassion, makes her a guiding force in today's world. She proves that a woman rooted in her values and driven by her purpose can transform countless lives around her. Her life stands as an inspiration and legacy, encouraging us to rise above limitations, continue learning at every stage and lead with dignity and heart. Dr. Sangita Bohra Jain is not just a healer, leader or scholar she is a spiritual force, gently illuminating paths for others with unwavering devotion and grace.



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Sushma Gupta

Whenever someone asks Sushma Gupta about her role model, she responds with quiet conviction and unshakable belief: "No one other than my own name." Sushma, which means "inner beauty," is not just her identity—it is her life's essence. She is her own inspiration, sculpting a life that celebrates resilience, dignity and empowered womanhood. With a soul rooted in grace and a mind guided by visionary thinking, Sushma Gupta stands tall as an embodiment of self-made strength and purpose. A woman of deep introspection, Sushma has mastered the art of managing life's emotional, mental and moral intricacies. Through meditation, thoughtful action and conscious living, she has found the divine alignment that fuels her passion and poise. Her calm demeanor, expressive spirit and contentment in simplicity speak volumes of her authentic self. She is not one to seek validation from the world; instead, she radiates warmth, love and joy just by being her true self.

Behind her composed elegance lies unwavering strength. Sushma proudly defines herself as the pillar behind three successful men-her loving husband and two accomplished sons. In nurturing them and in embracing her daughters-in-law with love and pride, she reflects the powerful role women play-not from the spotlight, but from the core of life itself. Her presence, often described as a source of peace and delight by those around her, is a living testimony to the impact of grace-led leadership. Academically enriched with postgraduate degrees in Business Administration (HR), Sociology and Fine Arts, Sushma is the perfect blend of intellect and artistry. Her creative spark finds expression in the art of Kabad Se Jugaad, where she transforms discarded materials into beautiful masterpieces. Her art has been celebrated at cultural platforms like the Lucknow, Kanpur and Agra Mahotsavs,

earning her accolades and admiration. Be it dress designing, mix-and-match styling or curating serene living spaces—her creativity knows no boundaries.

Driven by a heartfelt sense of social responsibility, Sushma actively participates in philanthropic work through her own NGO and by associating with others. Her commitment to service is not for applause, but a natural extension of her purpose. This dedication was nationally recognized when she was crowned 'Queen of Hearts' at the 'Nari First - Jewel of India' event in Goa in 2025, in the presence of celebrated personalities like Malaika Arora and Dino Morea. Professionally, she has made a mark in the world of finance as a successful Insurance Consultant with Bajaj Allianz, achieving milestones like the COT in her debut year and MDRT for two consecutive years—an extraordinary feat at any stage of life, more so after the age of 58.

Today, as she reflects on her journey, Sushma Gupta feels whole—fulfilled not only by her achievements, but by the lives she has touched and the love she has shared. Her story is not just one of personal success—it is a timeless narrative of strength, elegance, leadership and the quiet yet powerful voice of a woman who chose to inspire herself and, in doing so, inspired the world.



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Litro Fashionate Magazine Anuragyam, New Delhi, India

-- Our Initiatives --















